



BACHELOR OF SCIENCE IN HEALTH / WELLNESS EDUCATION
(Teacher Licensure, Grades K – 12)
(130 credit hours required)

NAME \_\_\_\_\_

DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

RELIGION CORE

DEVELOPING BIBLICAL FAITH/LIFESTYLE

- BIBL-110 Message of the New Testament (3)
BIBL-111 Message of the Old Testament (3)
THEO-230 Intro. to Theology (3)
THEO-231 Intro. to Christian Ethics (3)
RELG-200 Bib/Theo Foundations for Benevolence (1)
Christian Service (2)\*
SUBTOTAL (15 hours)

\*Christian Service is not a course; the credit hours are earned by a combination of class, group, and individual service learning experiences.

GENERAL EDUCATION CORE

ACQUIRING FUNDAMENTAL ACADEMIC SKILLS

- ENGL-105 (4) and ENGL-110 (3)
OR ENGL-106 (3) and ENGL-110 (3)
OR ENGL-110 (3) [Depends on placement]

- MATH-101 Contemporary Math (3) or higher level math
CISS-100 Computer Literacy (2)
GNST-101 Freshman Seminar: Gateway (2)

EXPLORING THE HUMANITIES

- HUMN-201 Foundations of Western Culture (3)

Two of the following (6)

- HUMN-202 Rise of Europe (3)
HUMN-301 Foundations of Modern World (3)
HUMN-302 Modern Western Culture (3)
HIST-221 / 222 Western Civilization I, II (3) (3)
ENGL-221 Western Lit: Ancient to Renaissance (3)
ENGL-222 Western Lit: Enlightenment to Postmodern (3)

One of the following (3)

- ARTS-244 / 245 Art History I, II (3) (3)
MUHL-211 Music in Culture (3)
PHIL-241 Introduction to Philosophy (3) (recommended)
THEA-201 Theatre in Culture (3)

UNDERSTANDING CONTEMPORARY SOCIETY

- HIST-212 Recent American History (3)
OR
POLS-250 American Government (3)

Two of the following (6)

- PSYC-200 Understanding Human Behavior (3)
SOC1-200 Understanding Contemporary Society (3)
ECON-200 Understanding Economic Issues (3)

(PSY200 and SOC200 recommended)

SEEKING A GLOBAL PERSPECTIVE

- ANTH-200 Global Perspectives Seminar (1)
GNST-250-253 Cross Cultural Experience (1-3)
LING-201 Intro Language and Culture (3)

SUBTOTAL (36/42 hours)

ACADEMIC ASSESSMENT

- GNST-400 Academic Assessment (0)

SPECIALTY AREA

- BIOL-103 Human Biology (4)
HSCI-291 Principles of Nutrition (3)
HLTH-352 Substance Use & Abuse (2)
HLTH-353 Safety & First Aid (2)
HLTH-357 Human Sexuality (3)
HLTH-360 Personal and Community Health (4)
HLTH-365 Child Health & Social Behavior (3)
PHED-201 Foundations of Health, PE & Rec. (3)
PHED-361 Kinesiology (3)
PHED-380 Teaching Indiv/Lifetime Activities (2)
PHED-390 Teaching Dual/Team Activities (2)
PHED-440 Motor Learning & Development (3)
PHED-441 Assessment/Evaluation in PE (3)
PHED-444 Physiology of Exercise (3)
PHED-495 Faith and Practice (3)

SUBTOTAL (43 hours)

PROFESSIONAL EDUCATION REQUIREMENTS

- EDUC-199 Intro. to the Teaching Profession (1)
EDUC-299 Teaching Diverse Learners (1)
EDUC-315 Foundations of Education (3)
PSYC-312 Educational Psychology (3)
SPED-316 Exceptional Child (3)
PHED-342 Teaching Adapted PE (2)
ELED-382 Methods Tch. PE/Health K-6 (2)
SCED-418 Methods Tch. PE/Health 7-12 (2)
SCED-419 General Secondary Methods (2)

SUBTOTAL (19 hours)

PROFESSIONAL SEMESTER

- EDUC-496 Student Teaching I (5)
EDUC-497 Student Teaching II (5)
EDUC-498 Student Teaching Seminar (2)

SUBTOTAL (12 hours)

GENERAL ELECTIVES

- \_\_\_\_\_
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SUBTOTAL (0/5 hours)

**SUGGESTED FOUR YEAR SEQUENCE OF STUDY FOR  
BACHELOR OF SCIENCE IN HEALTH / WELLNESS EDUCATION  
(Teacher Licensure, Grades K – 12)**

(The two-hour Christian Service requirement is not listed, but is spread throughout the four years.)

**FRESHMAN YEAR**

<u>Course</u>	<u>Hours</u>
College Writing/ Workshop .....	3/4
Rhetoric and Research .....	3
Message of New & Old Testament .....	6
Introduction to Teaching Profession .....	1
Computer Literacy.....	2
Freshman Seminar: Gateway .....	2
U S History/Government Option.....	3
Mathematics.....	3
Contemporary Society Option 1 * .....	3
Humanities Option .....	3
Human Biology.....	4
Total	<u>33/34</u>

**JUNIOR YEAR**

<u>Course</u>	<u>Hours</u>
Foundations of Education .....	3
Child Health & Social Behavior .....	3
Educational Psych .....	3
Exceptional Child .....	3
Safety & First Aid .....	2
Human Sexuality .....	3
Humanities Options.....	3
Teaching Individual Activities .....	2
Teaching Dual Activities.....	2
Kinesiology.....	3
Motor Learning .....	3
Personal & Community Health .....	4
Total	<u>34</u>

**SOPHOMORE YEAR**

<u>Course</u>	<u>Hours</u>
Bib/Theo Foundations of Benevolence .....	1
Intro. to Theology .....	3
Intro. to Christian Ethics.....	3
Foundations of Western Culture .....	3
Humanities Option (PHI 241 recommended) .....	3
Nutrition.....	3
Contemporary Society Option 2 * .....	3
Foundations of Health & Physical Education .....	3
Substance Use and Abuse .....	2
Teaching Diverse Learners .....	1
Language and Culture .....	3
Teaching Adapted PE .....	2
Global Perspectives Seminar.....	1
Cross-Cultural Experience .....	1/3
Total	<u>32/33</u>

**SENIOR YEAR  
1ST SEMESTER**

<u>Course</u>	<u>Hours</u>
Gen. Secondary Methods .....	2
Assessment & Evaluation .....	3
Physiology of Exercise .....	3
Secondary Methods .....	2
Elementary Methods .....	2
Faith and Practice .....	3
Total	<u>15</u>

**2ND SEMESTER**

<u>Course</u>	<u>Hours</u>
Student Teaching Seminar .....	2
Student Teaching I .....	5
Student Teaching II.....	5
Total	<u>12</u>

\* Understanding Contemporary Society and Understanding Human Behavior suggested.