



BACHELOR OF SCIENCE IN HEALTH / WELLNESS EDUCATION
(Teacher Licensure, Grades K – 12)
(Minimum 120 credit hours required)

NAME _____

DATE ____ / ____ / ____

RELIGION CORE**DEVELOPING BIBLICAL FAITH/LIFESTYLE**

- BIBL-110 Message of the New Testament (3)()
BIBL-111 Message of the Old Testament (3)()
THEO-230 Intro. to Theology (3)()
THEO-231 Intro. to Christian Ethics (3)()
Christian Service (80 clock hours)*()

*Christian Service is not a course; the hours are earned by a combination of class, group, and individual service learning experiences.

SUBTOTAL (12 hours)

LEE UNIVERSITY FRESHMAN EXPERIENCE

- LEEU-101 Freshman Seminar: Gateway (1) (Fall).....()
LEEU-102A Global Perspectives Seminar (1) (Spring) ... ()
LEEU-102B Foundations of Benevolence (1) (Spring)()

SUBTOTAL (3 hours)

GENERAL EDUCATION CORE**ACQUIRING FUNDAMENTAL ACADEMIC SKILLS**

- ENGL-105 (4) and ENGL-110 (3).....()()
OR ENGL-106 (3) and ENGL-110 (3)
OR ENGL-110 (3) [Depends on placement]

MATH-101 Contemporary Math (3) or higher level math....()

EXPLORING THE HUMANITIES

HUMN-201 Foundations of Western Culture (3)

Two of the following (6)

- HUMN-202 Rise of Europe (3)()()
HUMN-301 Foundations of Modern World (3)
HUMN-302 Modern Western Culture (3)
HIST-221 / 222 Western Civilization I, II (3) (3)
ENGL-221 Western Lit: Ancient to Renaissance (3)
ENGL-222 Western Lit: Enlightenment to Postmodern (3)
One of the following (3)
ARTS-244 / 245 Art History I, II (3) (3)()
MUHL-211 Music in Culture (3)
PHIL-241 Introduction to Philosophy (3) (recommended)
THEA-201 Theatre in Culture (3)

UNDERSTANDING CONTEMPORARY SOCIETY

HIST-212 Recent American History (3)

OR

PLSC-250 American Government (3)

Two of the following (6)

- PSYC-200 Understanding Human Behavior (3).....()()
SOCI-200 Understanding Contemporary Society (3)
ECON-200 Understanding Economic Issues (3)
(PSYC-200 and SOCI-200 recommended)

SEEKING A GLOBAL PERSPECTIVE

- GNST-250-253 Cross Cultural Experience (1-3).....()
LING-201 Intro Language and Culture (3).....()
SUBTOTAL (31/37 hours)

ACADEMIC ASSESSMENT

GNST-400 Academic Assessment (0)

SPECIALTY AREA

- BIOL-103 Human Biology (4)()
HSCI-291 Principles of Nutrition (3)()
HLTH-352 Substance Use & Abuse (2)()
HLTH-353 Safety & First Aid (2).....()
HLTH-357 Human Sexuality (3)()
HLTH-360 Personal and Community Health (4).....()
HLTH-365 Child Health & Social Behavior (3)()
PHED-201 Foundations of Health, PE & Rec. (3)()
PHED-361 Kinesiology (3)()
PHED-380 Teaching Indiv/Lifetime Activities (2)()
PHED-390 Teaching Dual/Team Activities (2)()
PHED-440 Motor Learning & Development (3)()
PHED-441 Assessment/Evaluation in PE (3).....()
PHED-444 Physiology of Exercise (3).....()
PHED-495 Faith and Practice (3).....()

SUBTOTAL (43 hours)

PROFESSIONAL EDUCATION REQUIREMENTS

- EDUC-199 Intro. to the Teaching Profession (1)()
EDUC-299 Teaching Diverse Learners (1)()
EDUC-315 Foundations of Education (3).....()
PSYC-312 Educational Psychology (3).....()
SPED-316 Exceptional Child (3)()
PHED-342 Teaching Adapted PE (2).....()
ELED-382 Methods Tch. PE/Health K-6 (2).....()
SCED-418 Methods Tch. PE/Health 7-12 (2).....()
SCED-419 General Secondary Methods (2)()

SUBTOTAL (19 hours)

PROFESSIONAL SEMESTER

- EDUC-496 Student Teaching I (5)()
EDUC-497 Student Teaching II (5)()
EDUC-498 Student Teaching Seminar (2)()

SUBTOTAL (12 hours)

**SUGGESTED FOUR YEAR SEQUENCE OF STUDY FOR
BACHELOR OF SCIENCE IN HEALTH / WELLNESS EDUCATION
(Teacher Licensure, Grades K – 12)**

(The 80-clock-hour Christian Service requirement is not listed, but is spread throughout the four years.)

FRESHMAN YEAR

Course	Hours
LEEU-101, 102A, 102B.....	3
College Writing/ Workshop	3/4
Rhetoric and Research	3
Message of New & Old Testament	6
Introduction to Teaching Profession	1
U S History/Government Option.....	3
Mathematics.....	3
Contemporary Society Option 1 *	3
Humanities Option	3
Human Biology.....	4
Total	32/33

JUNIOR YEAR

Course	Hours
Foundations of Education	3
Child Health & Social Behavior	3
Educational Psych	3
Exceptional Child	3
Safety & First Aid	2
Human Sexuality	3
Humanities Options.....	3
Teaching Individual Activities.....	2
Teaching Dual Activities.....	2
Kinesiology.....	3
Motor Learning.....	3
Personal & Community Health.....	4
Total	34

SOPHOMORE YEAR

Course	Hours
Intro. to Theology	3
Intro. to Christian Ethics.....	3
Foundations of Western Culture	3
Humanities Option (PHI 241 recommended)	3
Nutrition.....	3
Contemporary Society Option 2 *	3
Foundations of Health & Physical Education	3
Substance Use and Abuse	2
Teaching Diverse Learners.....	1
Language and Culture	3
Teaching Adapted PE	2
Cross-Cultural Experience	1/3
Total	30/32

SENIOR YEAR**1ST SEMESTER**

Course	Hours
Gen. Secondary Methods	2
Assessment & Evaluation	3
Physiology of Exercise	3
Secondary Methods	2
Elementary Methods	2
Faith and Practice	3
Total	15

2ND SEMESTER

Course	Hours
Student Teaching Seminar	2
Student Teaching I	5
Student Teaching II.....	5
Total	12

* Understanding Contemporary Society and
Understanding Human Behavior suggested.