



## BACHELOR OF SCIENCE IN PHYSICAL EDUCATION, RECREATION EMPHASIS

(Minimum 120 credit hours required)

NAME \_\_\_\_\_

DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

**RELIGION CORE**

**DEVELOPING BIBLICAL FAITH/LIFESTYLE**

- BIBL-110 Message of the New Testament (3)..... ( )
- BIBL-111 Message of the Old Testament (3) ..... ( )
- THEO-230 Intro. to Theology (3)..... ( )
- THEO-231 Intro. to Christian Ethics (3)..... ( )
- Christian Service (80 clock hours)\* ..... ( )

\*Christian Service is not a course; the hours are earned by a combination of class, group, and individual service learning experiences.

SUBTOTAL (12 hours) ..... \_\_\_\_\_

**LEE UNIVERSITY FRESHMAN EXPERIENCE**

- LEEU-101 Freshman Seminar: Gateway (1) (Fall)..... ( )
- LEEU-102A Global Perspectives Seminar (1) (Spring).... ( )
- LEEU-102B Foundations of Benevolence (1) (Spring) .... ( )

SUBTOTAL (3 hours) ..... \_\_\_\_\_

**GENERAL EDUCATION CORE**

**ACQUIRING FUNDAMENTAL ACADEMIC SKILLS**

- ENGL-105 (4) and ENGL-110 (3)..... ( ) ( )
- OR** ENGL-106 (3) and ENGL-110 (3)
- OR** ENGL-110 (3) [Depends on placement]
- MATH-101 Contemporary Math (3) or higher level math..... ( )

**EXPLORING THE HUMANITIES**

- HUMN-201 Foundations of Western Culture (3)..... ( )
- Two of the following (6)** ..... ( ) ( )
- HUMN-202 Rise of Europe (3)
- HUMN-301 Foundations of Modern World (3)
- HUMN-302 Modern Western Culture (3)
- HIST-221 / 222 Western Civilization I, II (3) (3)
- ENGL-221 Western Lit: Ancient to Renaissance (3)
- ENGL-222 Western Lit: Enlightenment to Postmodern (3)
- One of the following (3)** ..... ( )
- ARTS-244 / 245 Art History I, II (3) (3)
- MUHL-211 Music in Culture (3)
- PHIL-241 Introduction to Philosophy (3) (recommended)
- THEA-201 Theatre in Culture (3)

**UNDERSTANDING CONTEMPORARY SOCIETY**

- HIST-212 Recent American History (3)
- OR**
- PLSC-250 American Government (3)..... ( )
- Two of the following (6)**
- PSYC-200 Understanding Human Behavior (3) ..... ( ) ( )
- SOCI-200 Understanding Contemporary Society (3)
- ECON-200 Understanding Economic Issues (3)

**SEEKING A GLOBAL PERSPECTIVE**

- GNST-250-253 Cross Cultural Experience (1-3)..... ( )
  - LING-201 Intro Language and Culture (3)..... ( )
- SUBTOTAL (31/37 hours) ..... \_\_\_\_\_

**ACADEMIC ASSESSMENT**

- GNST-400 Academic Assessment (0)..... ( )

**SPECIALTY AREA**

- PHED-115 Basic Concepts of Fitness (1) ..... ( )
  - PHED-201 Foundations of Health & PE (3)..... ( )
  - HSCI-344 Exercise Physiology I (3) ..... ( )
  - PHED-361 Kinesiology (3) ..... ( )
  - PHED-380 Teaching Individual/Lifetime Activities (2) . ( )
  - PHED-390 Teaching Dual/Team Activities (2) ..... ( )
  - PHED-440 Motor Learning & Development (3) ..... ( )
  - PHED-441 Assessment/Evaluation in PE (3)..... ( )
  - PHED-445 Seminar in PE Research (1)..... ( )
  - PHED-495 Faith and Practice (3) **OR**
  - HSCI-495 Faith and Practice (3) ..... ( )
- SUBTOTAL (24 hours) ..... \_\_\_\_\_

**HEALTH EMPHASIS**

- BIOL-103 Human Biology (4) ..... ( )
  - HLTH-291 Principles of Nutrition (3)..... ( )
  - HLTH-352 Substance Use & Abuse (2) **OR**
  - PSYC-381 Drugs & Behavior (3)..... ( )
  - HLTH-353 Safety & First Aid (2)..... ( )
- SUBTOTAL (11/12 hours) ..... \_\_\_\_\_

**Complete ONE of the two tracks below:**

**RECREATIONAL LEADERSHIP TRACK**

- PHED-341 Administration of Sport (3)..... ( )
  - RECR-342 Recreation for Special Populations (3) **OR**
  - SPED-316 The Exceptional Child (3) ..... ( )
  - BUSN-101 Introduction to Business (3)..... ( )
  - BUSN-205 Principles of Business Management (3).... ( )
  - RECR-132 Outdoor Recreational Activities (1) ..... ( )
  - RECR-470 Recreation Practicum (3) ..... ( )
- SUBTOTAL (16 hours) ..... \_\_\_\_\_

**OUTDOOR RECREATION TRACK**

- RECR-301 Recreation Prog. & Development (3) ..... ( )
  - Choose one of the following courses (2 – 3):* ..... ( )
  - RECR-342 Recreation for Special Populations (3)
  - PHED-342 Teaching Adapted PE (2)
  - SPED-316 The Exceptional Child (3)
  - BIOL-394 Ecology (4) **OR**
  - BIOL-104 Environmental Science (4) ..... ( )
  - RECR-132 Outdoor Recreational Activities (1) ..... ( )
  - Choose one of the following courses (3):* ..... ( )
  - RECR-232 Backpacking/Camping (3)
  - RECR-233 Water-Based Recreation (3)
  - RECR-234 Wilderness First Responder (3)
  - RECR-470 Recreation Practicum (3) ..... ( )
- SUBTOTAL (16/17 hours) ..... \_\_\_\_\_

**GENERAL ELECTIVES**

- \_\_\_\_\_ ( )
  - \_\_\_\_\_ ( )
  - \_\_\_\_\_ ( )
- SUBTOTAL (15/23 hours) ..... \_\_\_\_\_

**SUGGESTED FOUR YEAR SEQUENCE OF STUDY FOR  
BACHELOR OF SCIENCE IN PHYSICAL EDUCATION,  
RECREATION EMPHASIS**

(The 80-clock-hour Christian Service requirement is not listed, but is spread throughout the four years.)

**FRESHMAN YEAR**

<u>Course</u>	<u>Hours</u>
LEEU-101, 102A, 102B.....	3
College Writing/ Workshop.....	3/4
Rhetoric and Research .....	3
Message of New & Old Testament.....	6
Basic Concepts of Fitness.....	1
U S History/Government Option.....	3
Mathematics.....	3
Contemporary Society Option 1 * .....	3
Contemporary Society Option 2* .....	3
<b>Total</b>	<u>28/29</u>

**SOPHOMORE YEAR**

<u>Course</u>	<u>Hours</u>
Intro. to Theology .....	3
Intro. to Christian Ethics .....	3
Foundations of Western Culture.....	3
Humanities Option (PHIL-241 recommended) .....	3
Nutrition.....	3
Language and Culture.....	3
Foundations of Health & PE.....	3
Substance Use and Abuse (or PSYC-381) .....	2/3
Human Biology.....	4
General Electives .....	3
<b>Total</b>	<u>30/31</u>

\* Understanding Contemporary Society and Understanding Human Behavior suggested.

**JUNIOR YEAR**

<u>Course</u>	<u>Hours</u>
Teaching Indiv/Lifetime Activities .....	2
Teaching Dual/Team Activities.....	2
Kinesiology.....	3
Safety & First Aid .....	2
Motor Learning & Development.....	3
Humanities Options.....	6
Cross-Cultural Experience .....	1/3
General Electives .....	12
<b>Total</b>	<u>31/33</u>

**SENIOR YEAR  
1ST SEMESTER**

<u>Course</u>	<u>Hours</u>
Assessment/Evaluation in PE .....	2
Exercise Physiology I.....	3
Seminar in PE Research.....	1
Faith & Practice (capstone).....	3
General Electives .....	6
<b>Total</b>	<u>15</u>

**2ND SEMESTER – Recreational Leadership Track**

<u>Course</u>	<u>Hours</u>
Administration of Sport.....	3
Rec. for Special Populations .....	3
Outdoor Recreational Activities.....	1
Recreation Practicum.....	3
Intro. to Business .....	3
Principles of Business Management .....	3
<b>Total</b>	<u>16</u>

**OR**

**2ND SEMESTER – Outdoor Recreation Track**

<u>Course</u>	<u>Hours</u>
Rec. Programming & Development.....	3
Rec. for Special Populations OR Exc Child.....	3
Outdoor Recreational Activities.....	1
Recreation Practicum.....	3
Ecology or Environmental Science.....	4
Backpacking/Camping OR Water-Based Rec.....	3
<b>Total</b>	<u>17</u>