



BACHELOR OF SCIENCE IN HEALTH / WELLNESS, K-12 LICENSURE

(Minimum 120 credit hours required)

This program requires a minimum 2.75 GPA overall, in English Composition and Mathematics, in the Specialty Area Requirements, and in the Professional Education / Professional Semester Requirements, as well as a grade of C or above in all Professional Education courses.

NAME \_\_\_\_\_

DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

RELIGION CORE

DEVELOPING BIBLICAL FAITH/LIFESTYLE

- BIBL-110 Message of the New Testament (3)
BIBL-111 Message of the Old Testament (3)
THEO-230 Intro. to Theology (3)
THEO-231 Intro. to Christian Ethics (3)
Christian Service (80 clock hours)\*

\*Christian Service is not a course; the hours are earned by a combination of class, group, and individual service learning experiences.

SUBTOTAL (12 hours) \_\_\_\_\_

FRESHMAN / SOPHOMORE EXPERIENCE

- LEEU-101 Freshman Seminar: Gateway (1) (1st Fall)
LEEU-102 Global Perspectives Seminar (1) (1st Spring)
LEEU-202 Foundations of Benevolence (1) (2nd Fall)

SUBTOTAL (3 hours) \_\_\_\_\_

GENERAL EDUCATION CORE

ACQUIRING FUNDAMENTAL ACADEMIC SKILLS

- ENGL-106 (3) and ENGL-110 (3)
OR ENGL-110 (3) [Depends on placement]
MTHS-135 Intro to Statistics (3) or higher level math

EXPLORING THE HUMANITIES

- HUMN-201 Foundations of Western Culture (3)

Two of the following (6)

- HUMN-202 Rise of Europe (3)
HUMN-301 Foundations of Modern World (3)
HUMN-302 Modern Western Culture (3)
HIST-221 / 222 Western Civilization I, II (3) (3)
ENGL-221 Western Lit: Ancient to Renaissance (3)
ENGL-222 Western Lit: Enlightenment to Postmodern (3)

One of the following (3)

- ARTS-201 Art in Culture (3)
MUHL-211 Music in Culture (3)
PHIL-241 Introduction to Philosophy (3) (recommended)
THEA-201 Theatre in Culture (3)

UNDERSTANDING CONTEMPORARY SOCIETY

- HIST-212 Recent American History (3)
OR
PLSC-250 American Government (3)

Two of the following (6)

- PSYC-200 Understanding Human Behavior (3)
SOCIO-200 Understanding Contemporary Society (3)
ECON-200 Understanding Economic Issues (3)
(PSYC-200 and SOCIO-200 recommended)

SEEKING A GLOBAL PERSPECTIVE

- GNST-250-253 Cross Cultural Experience (1-3)
LING-201 Intro Language and Culture (3)

SUBTOTAL (31/36 hours) \_\_\_\_\_

ACADEMIC ASSESSMENT

- GNST-400 Academic Assessment (0)

SPECIALTY AREA

- BIOS-110 Human Biology (4)
BIOS-231 Principles of Nutrition (3)
EXSC-335 Exercise Physiology I (3)
EXSC-365 Kinesiology (3)
HLTH-352 Substance Use & Abuse (2)
HLTH-353 Safety & First Aid (2)
HLTH-357 Human Sexuality (3)
HLTH-360 Personal / Community Health (3)
PHED-201 Foundations Health, PE & Rec. (1)
PHED-440 Motor Learning / Development (3)
PHED-495 Faith and Practice (3)

SUBTOTAL (33 hours) \_\_\_\_\_

PROFESSIONAL EDUCATION REQUIREMENTS

- EDUC-199 Intro. to the Teaching Profession (1)
EDUC-299 Teaching Diverse Learners (2)
EDUC-315 Foundations of Education (3) OR
EDMG-315 Found. Middle Grades Educ (3)
PSYC-312 Educational Psychology (3)
SPED-316 Exceptional Child (3)
PHED-342 Teaching Adapted PE (2)
PHED-380 Prin. Elementary PE Instruction (2)
PHED-390 Prin. Secondary PE Instruction (2)
SCED-340 Prin. Classroom Instr./Secondary (2)
ELED-418 Methods Tch. PE/Health K-5 (2)F
SCED-418 Methods Tch. PE/Health 6-12 (2)F
SCED-418L Methods Lab (1)F

F Offered Fall semester only

SUBTOTAL (25 hours) \_\_\_\_\_

PROFESSIONAL SEMESTER

- EDUC-496 Student Teaching I (5)
EDUC-497 Student Teaching II (5)
EDUC-498 Student Teaching Seminar (2)

SUBTOTAL (12 hours) \_\_\_\_\_

GENERAL ELECTIVES

- \_\_\_\_\_
\_\_\_\_\_

SUBTOTAL (0/4 hours) \_\_\_\_\_

**SUGGESTED FOUR YEAR SEQUENCE OF STUDY FOR  
BACHELOR OF SCIENCE IN HEALTH / WELLNESS, K-12 LICENSURE**

(The 80-clock-hour Christian Service requirement is not listed but is spread throughout the four years.)

**FRESHMAN YEAR**

<u>Course</u>	<u>Hours</u>
LEEU-101, 102.....	2
College Writing.....	3
Rhetoric and Research .....	3
Message of New & Old Testament.....	6
Introduction to Teaching Profession.....	1
U S History/Government Option.....	3
Intro to Statistics.....	3
Contemporary Society Option 1 * .....	3
Humanities Option.....	3
Human Biology.....	4
Total	<u>31</u>

**SOPHOMORE YEAR**

<u>Course</u>	<u>Hours</u>
LEEU-202 Benevolence.....	1
Intro. to Theology .....	3
Intro. to Christian Ethics .....	3
Foundations of Western Culture.....	3
Humanities Option (PHIL 241 recommended).....	3
Nutrition.....	3
Contemporary Society Option 2* .....	3
Foundations of Health & Physical Education .....	1
Substance Use and Abuse.....	2
Teaching Diverse Learners .....	2
Language and Culture.....	3
Teaching Adapted PE .....	2
Cross-Cultural Experience .....	1/3
General Electives .....	3
Total	<u>33/35</u>

**JUNIOR YEAR**

<u>Course</u>	<u>Hours</u>
Foundations of Education (or MG Foundations).....	3
Educational Psych.....	3
Exceptional Child .....	3
Safety & First Aid .....	2
Humanities Options.....	3
Principles Elem.PE Instruction .....	2
Principles Secondary PE Instruction .....	2
Kinesiology.....	3
Motor Learning .....	3
Personal & Community Health .....	3
Principles Classroom Instruction/Secondary.....	2
Faith and Practice .....	3
Total	<u>32</u>

**SENIOR YEAR  
1ST SEMESTER (fall)**

<u>Course</u>	<u>Hours</u>
Assessment & Evaluation .....	3
Human Sexuality .....	3
Exercise Physiology I.....	3
Methods Tchg PE/Health K-5.....	2
Methods Tchg PE/Health 6-12 .....	2
Methods Lab .....	1
Total	<u>14</u>

**2ND SEMESTER (spring)**

<u>Course</u>	<u>Hours</u>
Student Teaching Seminar .....	2
Student Teaching I .....	5
Student Teaching II.....	5
Total	<u>12</u>

\* Understanding Contemporary Society and Understanding Human Behavior recommended.