



BACHELOR OF SCIENCE IN PHYSICAL EDUCATION, RECREATION EMPHASIS

(Minimum 120 credit hours required)

NAME _____

DATE ____/____/____

RELIGION CORE

DEVELOPING BIBLICAL FAITH/LIFESTYLE

- BIBL-110 Message of the New Testament (3)..... ()
- BIBL-111 Message of the Old Testament (3) ()
- THEO-230 Intro. to Theology (3)..... ()
- THEO-231 Intro. to Christian Ethics (3)..... ()
- Christian Service (80 clock hours)* ()

*Christian Service is not a course; the hours are earned by a combination of class, group, and individual service learning experiences.

SUBTOTAL (12 hours) _____

FRESHMAN / SOPHOMORE EXPERIENCE

- LEEU-101 Freshman Seminar: Gateway (1) (1st Fall) ()
- LEEU-102 Global Perspectives Seminar (1) (1st Spring) ... ()
- LEEU-202 Foundations of Benevolence (1) (2nd Fall) ()

SUBTOTAL (3 hours) _____

GENERAL EDUCATION CORE

ACQUIRING FUNDAMENTAL ACADEMIC SKILLS

- ENGL-106 (3) and ENGL-110 (3)..... () ()
- OR ENGL-110 (3) [Depends on placement]
- MTHS-135 Intro to Statistics (3) ()

EXPLORING THE HUMANITIES

- HUMN-201 Foundations of Western Culture (3)..... ()
- Two of the following (6)** () ()
- HUMN-202 Rise of Europe (3)
- HUMN-301 Foundations of Modern World (3)
- HUMN-302 Modern Western Culture (3)
- HIST-221 / 222 Western Civilization I, II (3) (3)
- ENGL-221 Western Lit: Ancient to Renaissance (3)
- ENGL-222 Western Lit: Enlightenment to Postmodern (3)
- One of the following (3)** ()
- ARTS-201 Art in Culture (3)
- MUHL-211 Music in Culture (3)
- PHIL-241 Introduction to Philosophy (3) (recommended)
- THEA-201 Theatre in Culture (3)

UNDERSTANDING CONTEMPORARY SOCIETY

- HIST-212 Recent American History (3)
- OR**
- PLSC-250 American Government (3)..... ()
- Two of the following (6)**
- PSYC-200 Understanding Human Behavior (3) () ()
- SOCI-200 Understanding Contemporary Society (3)
- ECON-200 Understanding Economic Issues (3)

SEEKING A GLOBAL PERSPECTIVE

- GNST-250-253 Cross Cultural Experience (1-3)..... ()
 - LING-201 Intro Language and Culture (3)..... ()
- SUBTOTAL (31/36 hours) _____

ACADEMIC ASSESSMENT

- GNST-400 Academic Assessment (0)..... ()

SPECIALTY AREA

- BIOS-110 Human Biology (4)..... ()
- BIOS-231 Principles of Nutrition (3) ()
- EXSC-335 Exercise Physiology I (3)..... ()
- EXSC-365 Kinesiology (3)..... ()
- HLTH-352 Substance Use & Abuse (2)..... ()
- HLTH-353 Safety & First Aid (2)..... ()
- HLTH-357 Human Sexuality (3) ()
- PHED-201 Foundations of Health & PE (1)..... ()

Choose **one** course:

- PHED-211 or 212 or 213 Field Experience (1, 2, or 3)... ()

Choose **one** course:

- PHED-311 or 312 or 313 Field Experience (1, 2, or 3)... ()

- PHED-342 Teaching Adapted PE (2)..... ()
- PHED-380 Prin. Elementary PE Instruction (2) ()
- PHED-390 Prin. Secondary PE Instruction (2)..... ()
- PHED-440 Motor Learning & Development (3) ()
- PHED-441 Assess/Eval Wellness, Recr. (3) ()
- PHED-495 Faith and Practice (3)..... ()

SUBTOTAL (38-42 hours)..... _____

RECREATION EMPHASIS

- BIOS-112 Environmental Science (4) ()
- RECR-132 Outdoor Recreational Activities (1) ()
- RECR-232 Backpacking / Camping (3)..... ()
- RECR-233 Water-Based Recreation (3) ()
- RECR-234 Wilderness First Responder (3) ()
- RECR-301 Recreation Prog. & Development (3) ()
- RECR-470 Recreation Practicum (3) ()

SUBTOTAL (20 hours)..... _____

GENERAL ELECTIVES OR MINOR

- ()
- ()
- ()
- ()
- ()

SUBTOTAL (7 /16 hours)..... _____

**SUGGESTED FOUR YEAR SEQUENCE OF STUDY FOR
BACHELOR OF SCIENCE IN PHYSICAL EDUCATION,
RECREATION EMPHASIS**

(The 80-clock-hour Christian Service requirement is not listed but is spread throughout the four years.)

FRESHMAN YEAR

<u>Course</u>	<u>Hours</u>
LEEU-101, 102.....	2
College Writing.....	3
Rhetoric and Research	3
Message of New & Old Testament.....	6
U S History/Government Option.....	3
Contemporary Society Option 1 *	3
Contemporary Society Option 2*.....	3
Foundations of Health & PE.....	1
General Electives	6
Total	32

SOPHOMORE YEAR

<u>Course</u>	<u>Hours</u>
LEEU-202 Benevolence.....	1
Intro. to Theology	3
Intro. to Christian Ethics	3
Human Biology.....	4
Foundations of Western Culture.....	3
Humanities Option (PHIL-241 recommended)	3
Language and Culture.....	3
Substance Use and Abuse (or PSYC-381)	2/3
Intro to Statistics.....	3
Nutrition.....	3
Outdoor Recreational Activities.....	1
Field Experience (PHED-211/212/213).....	1/3
Total	30/33

* Understanding Contemporary Society and Understanding Human Behavior suggested.

JUNIOR YEAR

<u>Course</u>	<u>Hours</u>
Principles Elementary PE Instruction	2
Principles Secondary PE Instruction	2
Kinesiology.....	3
Human Sexuality	3
Safety & First Aid	2
Motor Learning & Development.....	3
Field Experience (PHED-311/312/313).....	1/3
Humanities Options.....	6
Cross-Cultural Experience	1/3
General Electives	6
Total	29/33

SENIOR YEAR

1ST SEMESTER	
<u>Course</u>	<u>Hours</u>
Assessment/Evaluation.....	3
Exercise Physiology I.....	3
Environmental Science	4
Teaching Adapted PE	2
Backpacking/Camping	3
Total	15
2ND SEMESTER	
<u>Course</u>	<u>Hours</u>
Rec. Programming & Development.....	3
Water-Based Recreation.....	3
Wilderness First Responder.....	3
Faith & Practice (capstone).....	3
Recreation Practicum.....	3
General Electives	1
Total	16