



BACHELOR OF SCIENCE IN EXERCISE SCIENCE

(Minimum 120 credit hours required)

NAME _____

DATE ____/____/____

RELIGION CORE

DEVELOPING BIBLICAL FAITH/LIFESTYLE

- BIBL-110 Message of the New Testament (3)
BIBL-111 Message of the Old Testament (3)
THEO-230 Intro. to Theology (3)
THEO-231 Intro. to Christian Ethics (3)
Christian Service (80 clock hours)*

*Christian Service is not a course; the hours are earned by a combination of class, group, and individual service learning experiences.

SUBTOTAL (12 hours) _____

LEE UNIVERSITY FRESHMAN EXPERIENCE

- LEEU-101 Freshman Seminar: Gateway (1) (Fall)
LEEU-102A Global Perspectives Seminar (1) (Spring)
LEEU-102B Foundations of Benevolence (1) (Spring)

SUBTOTAL (3 hours) _____

GENERAL EDUCATION CORE

ACQUIRING FUNDAMENTAL ACADEMIC SKILLS

- ENGL-105 (4) and ENGL-110 (3)
OR ENGL-106 (3) and ENGL-110 (3)
OR ENGL-110 (3) [Depends on placement]

EXPLORING THE HUMANITIES

- HUMN-201 Foundations of Western Culture (3)
Two of the following (6)
HUMN-202 Rise of Europe (3)
HUMN-301 Foundations of Modern World (3)
HUMN-302 Modern Western Culture (3)
HIST-221 / 222 Western Civilization I, II (3) (3)
ENGL-221 Western Lit: Ancient to Renaissance (3)
ENGL-222 Western Lit: Enlightenment to Postmodern (3)

One of the following (3)

- ARTS-244 / 245 Art History I, II (3) (3)
MUHL-211 Music in Culture (3)
PHIL-241 Introduction to Philosophy (3) (recommended)
THEA-201 Theatre in Culture (3)

UNDERSTANDING CONTEMPORARY SOCIETY

- HIST-212 Recent American History (3)
OR
PLSC-250 American Government (3)

Two of the following (6)

- PSYC-200 Understanding Human Behavior (3)
SOC1-200 Understanding Contemp. Society (3)
ECON-200 Understanding Economic Issues (3)

SEEKING A GLOBAL PERSPECTIVE

- GNST-250-253 Cross Cultural Experience (1-3)
LING-201 Intro Language and Culture (3)

SUBTOTAL (28/34 hours) _____

SPECIALTY AREA

- EXSC-205 Foundations of Exercise Science (1)
EXSC-215 Exercise Technique in Perf/Wellness (3)
EXSC-225 Intro Research Methods/Stats (3)
EXSC-335 Exercise Physiology I (3)
EXSC-365 Kinesiology (3)
EXSC-395 Nutrition for Health/Performance (3)
EXSC-435 Exercise Physiology II (3)
EXSC-445 Exercise Health & Disease (3)
EXSC-455 Program Design in Perf/Wellness. (3)
EXSC-465 Exercise Testing & Prescription (3)
EXSC-475 Internship in Exercise Science (3)

SUBTOTAL (31 hours) _____

COLLATERAL REQUIREMENTS

- BUSN-205 Business Management (3)
MATH-161 Intro to Statistics (3)
CHEM-101 Intro General/Organic/Biochemistry (3)
CHEM-101L Intro Gen/Org/Biochem Lab (1)
HSCI-291 Principles of Nutrition (3)
HSCI-292 Intro Human Anatomy & Physiology I (4)
HSCI-293 Intro Human Anatomy & Physiology II (4)
HSCI-353 Safety & First Aid (2)
PHED-350 Psychology of Sport (3)
PHED-395 Sport Facility Management (3)
PHED-404 Sport Law (3)
PHED-440 Motor Learning & Development (3)
PHED-495 Faith and Practice (3)

SUBTOTAL (38 hours) _____

GENERAL ELECTIVES

- _____

SUBTOTAL (1/8 hours) _____

ACADEMIC ASSESSMENT

- GNST-400 Academic Assessment (0)

SUGGESTED FOUR YEAR SEQUENCE OF STUDY FOR BACHELOR OF SCIENCE IN EXERCISE SCIENCE

(The 80-clock-hour Christian Service requirement is not listed, but is spread throughout the four years.)

FRESHMAN YEAR - Fall

Course	Hours
Intro to Statistics.....	3
College Writing/Workshop	3/4
LEEU 101	1
Message of New OR Old Testament	3
Recent American History.....	3
Foundations of Exercise Science.....	1
Total	14/15

SOPHOMORE YEAR - Fall

Course	Hours
Intro. to Theology	3
Into Human Anat/Physiology I.....	4
Understanding Human Behavior.....	3
Principles of Nutrition.....	3
Exercise Technique in Perf. Wellness.....	3
Total	16

JUNIOR YEAR - Fall

Course	Hours
Kinesiology.....	3
Exercise Physiology II.....	3
Safety & First Aid.....	2
Humanities Options.....	3
Language and Culture	3
Total	14

SENIOR YEAR - Fall

Course	Hours
Exercise Testing & Prescription	3
Program Design in Perf/Wellness.....	3
Sport Law.....	3
Faith and Practice.....	3
Psychology of Sport	3
Total	15

FRESHMAN YEAR - Spring

Course	Hours
LEEU 101A and LEEU 101B	2
Message of New OR Old Testament	3
Intro Research Methods/Stats	3
Intro General/Organic/Biochemistry.....	3
Intro General/Organic/Biochemistry Lab.....	1
Rhetoric & Research.....	3
Total	15

SOPHOMORE YEAR - Spring

Course	Hours
Intro to Christian Ethics.....	3
Intro to Human Anatomy & Physiology II.....	4
Understanding Contemp. Society	3
Exercise Physiology I	3
Foundation of Western Culture	3
Total	16

JUNIOR YEAR - Spring

Course	Hours
Humanities Options.....	3
Exercise Health & Disease.....	3
Sport Facility & Management.....	3
Business Management.....	3
Nutrition for Health & Performance	3
Total	15

SENIOR YEAR - Spring

Course	Hours
Cross-Cultural Experience	1/3
Motor Learning and Development.....	3
Internship in Exercise Science.....	3
General Electives.....	3-5
Humanities Options.....	3
Total	15/17