



BACHELOR OF SCIENCE IN PHYSICAL EDUCATION, RECREATION EMPHASIS (Minimum 120 credit hours required)

NAME _____

DATE ____/____/____

RELIGION CORE

DEVELOPING BIBLICAL FAITH/LIFESTYLE

- BIBL-110 Message of the New Testament (3)
BIBL-111 Message of the Old Testament (3)
THEO-230 Intro. to Theology (3)
THEO-231 Intro. to Christian Ethics (3)
Christian Service (80 clock hours)*

SUBTOTAL (12 hours) _____

LEE UNIVERSITY FRESHMAN EXPERIENCE

- LEEU-101 Freshman Seminar: Gateway (1) (Fall)
LEEU-102A Global Perspectives Seminar (1) (Spring)
LEEU-102B Foundations of Benevolence (1) (Spring)

SUBTOTAL (3 hours) _____

GENERAL EDUCATION CORE

ACQUIRING FUNDAMENTAL ACADEMIC SKILLS

- ENGL-105 (4) and ENGL-110 (3)
OR ENGL-106 (3) and ENGL-110 (3)
OR ENGL-110 (3) [Depends on placement]
MATH-161 Intro to Statistics (3)

EXPLORING THE HUMANITIES

- HUMN-201 Foundations of Western Culture (3)
Two of the following (6)
HUMN-202 Rise of Europe (3)
HUMN-301 Foundations of Modern World (3)
HUMN-302 Modern Western Culture (3)
HIST-221 / 222 Western Civilization I, II (3) (3)
ENGL-221 Western Lit: Ancient to Renaissance (3)
ENGL-222 Western Lit: Enlightenment to Postmodern (3)
One of the following (3)
ARTS-244 / 245 Art History I, II (3) (3)
MUHL-211 Music in Culture (3)
PHIL-241 Introduction to Philosophy (3) (recommended)
THEA-201 Theatre in Culture (3)

UNDERSTANDING CONTEMPORARY SOCIETY

- HIST-212 Recent American History (3)
OR
PLSC-250 American Government (3)
Two of the following (6)
PSYC-200 Understanding Human Behavior (3)
SOCIO-200 Understanding Contemporary Society (3)
ECON-200 Understanding Economic Issues (3)

SEEKING A GLOBAL PERSPECTIVE

- GNST-250-253 Cross Cultural Experience (1-3)
LING-201 Intro Language and Culture (3)
SUBTOTAL (31/37 hours) _____

ACADEMIC ASSESSMENT

- GNST-400 Academic Assessment (0)

SPECIALTY AREA

- PHED-201 Foundations of Health & PE (1)
EXSC-215 Exercise Techniques Perf/Wellness (3)
EXSC-225 Intro Research Methods & Stats (3)
EXSC-335 Exercise Physiology I (3)
EXSC-365 Kinesiology (3)
PHED-380 Prin. Elementary PE Instruction (2)
PHED-390 Prin. Secondary PE Instruction (2)
PHED-440 Motor Learning & Development (3)
PHED-441 Assess/Eval Wellness, Recr. (3)
PHED-495 Faith and Practice (3) OR
HSCI-495 Faith and Practice (3)

SUBTOTAL (26 hours) _____

HEALTH EMPHASIS

- BIOL-103 Human Biology (4)
HLTH-291 Principles of Nutrition (3)
HLTH-352 Substance Use & Abuse (2) OR
PSYC-381 Drugs & Behavior (3)
HLTH-353 Safety & First Aid (2)

SUBTOTAL (11/12 hours) _____

Complete ONE of the two tracks below:

RECREATIONAL LEADERSHIP TRACK

- PHED-341 Administration of Sport (3)
RECR-342 Recreation for Special Populations (3) OR
SPED-316 The Exceptional Child (3)
BUSN-101 Introduction to Business (3)
BUSN-205 Principles of Business Management (3)
RECR-132 Outdoor Recreational Activities (1)
RECR-470 Recreation Practicum (3)
SUBTOTAL (16 hours) _____

OUTDOOR RECREATION TRACK

- RECR-301 Recreation Prog. & Development (3)
Choose one of the following courses (2 - 3):
RECR-342 Recreation for Special Populations (3)
PHED-342 Teaching Adapted PE (2)
SPED-316 The Exceptional Child (3)
BIOL-394 Ecology (3) OR
BIOL-104 Environmental Science (4)
RECR-132 Outdoor Recreational Activities (1)
Choose one of the following courses (3):
RECR-232 Backpacking/Camping (3)
RECR-233 Water-Based Recreation (3)
RECR-234 Wilderness First Responder (3)
RECR-470 Recreation Practicum (3)
SUBTOTAL (15/17 hours) _____

GENERAL ELECTIVES

- _____ ()
_____ ()
_____ ()

SUBTOTAL (12/21 hours) _____

**SUGGESTED FOUR YEAR SEQUENCE OF STUDY FOR
BACHELOR OF SCIENCE IN PHYSICAL EDUCATION,
RECREATION EMPHASIS**

(The 80-clock-hour Christian Service requirement is not listed, but is spread throughout the four years.)

FRESHMAN YEAR

<u>Course</u>	<u>Hours</u>
LEEU-101, 102A, 102B.....	3
College Writing/ Workshop.....	3/4
Rhetoric and Research	3
Message of New & Old Testament.....	6
U S History/Government Option.....	3
Contemporary Society Option 1 *.....	3
Contemporary Society Option 2*.....	3
Foundations of Health & PE.....	1
General Electives.....	3
Total	28/29

SOPHOMORE YEAR

<u>Course</u>	<u>Hours</u>
Intro. to Theology	3
Intro. to Christian Ethics	3
Foundations of Western Culture.....	3
Humanities Option (PHIL-241 recommended)	3
Nutrition.....	3
Language and Culture.....	3
Substance Use and Abuse (or PSYC-381)	2/3
Human Biology.....	4
Exercise Techniques Perf/Wellness.....	3
Intro to Statistics.....	3
Total	30/31

* Understanding Contemporary Society and Understanding Human Behavior suggested.

JUNIOR YEAR

<u>Course</u>	<u>Hours</u>
Principles Elementary PE Instruction	2
Principles Secondary PE Instruction	2
Research Methods & Stats	3
Kinesiology.....	3
Safety & First Aid	2
Motor Learning & Development.....	3
Humanities Options.....	6
Cross-Cultural Experience	1/3
General Electives.....	6
Total	28/30

**SENIOR YEAR
1ST SEMESTER**

<u>Course</u>	<u>Hours</u>
Assessment/Evaluation.....	2
Exercise Physiology I.....	3
Faith & Practice (capstone).....	3
General Electives.....	6
Total	14

2ND SEMESTER – Recreational Leadership Track

<u>Course</u>	<u>Hours</u>
Administration of Sport.....	3
Rec. for Special Populations	3
Outdoor Recreational Activities.....	1
Recreation Practicum.....	3
Intro. to Business	3
Principles of Business Management	3
Total	16

OR

2ND SEMESTER – Outdoor Recreation Track

<u>Course</u>	<u>Hours</u>
Rec. Programming & Development.....	3
Rec. for Special Populations OR Exc Child.....	3
Outdoor Recreational Activities.....	1
Recreation Practicum.....	3
Ecology or Environmental Science.....	3/4
Backpacking/Camping OR Water-Based Rec.....	3
Total	16/17