



BACHELOR OF SCIENCE IN EXERCISE SCIENCE
Pre – Athletic Training Emphasis
 (Minimum 120 credit hours required)

NAME _____

DATE ____/____/____

RELIGION CORE

DEVELOPING BIBLICAL FAITH/LIFESTYLE

- BIBL-110 Message of the New Testament (3) ()
- BIBL-111 Message of the Old Testament (3) ()
- THEO-230 Intro. to Theology (3) ()
- THEO-231 Intro. to Christian Ethics (3) ()
- Christian Service (80 clock hours)* ()

*Christian Service is not a course; the hours are earned by a combination of class, group, and individual service learning experiences.

SUBTOTAL (12 hours) _____

LEE UNIVERSITY FRESHMAN EXPERIENCE

- LEEU-101 Freshman Seminar: Gateway (1) (Fall)..... ()
- LEEU-102A Global Perspectives Seminar (1) (Spring) ... ()
- LEEU-102B Foundations of Benevolence (1) (Spring) ()

SUBTOTAL (3 hours) _____

GENERAL EDUCATION CORE

ACQUIRING FUNDAMENTAL ACADEMIC SKILLS

- ENGL-105 (4) and ENGL-110 (3)..... () ()
- OR ENGL-106 (3) and ENGL-110 (3)
- OR ENGL-110 (3) [Depends on placement]

EXPLORING THE HUMANITIES

- HUMN-201 Foundations of Western Culture (3) ()
- Two of the following (6)**
- HUMN-202 Rise of Europe (3) () ()
 - HUMN-301 Foundations of Modern World (3)
 - HUMN-302 Modern Western Culture (3)
 - HIST-221 / 222 Western Civilization I, II (3) (3)
 - ENGL-221 Western Lit: Ancient to Renaissance (3)
 - ENGL-222 Western Lit: Enlightenment to Postmodern (3)

One of the following (3)

- ARTS-201 Art in Culture (3) ()
- MUHL-211 Music in Culture (3)
- PHIL-241 Introduction to Philosophy (3) (recommended)
- THEA-201 Theatre in Culture (3)

UNDERSTANDING CONTEMPORARY SOCIETY

- HIST-212 Recent American History (3)
- OR**
- PLSC-250 American Government (3) ()

Two of the following (6)

- PSYC-200 Understanding Human Behavior (3)
- SOCI-200 Understanding Contemp. Society (3)
- ECON-200 Understanding Economic Issues (3) () ()

SEEKING A GLOBAL PERSPECTIVE

- GNST-250-253 Cross Cultural Experience (1-3)..... ()
- LING-201 Intro Language and Culture (3)..... ()

SUBTOTAL (28/34 hours) _____

SPECIALTY AREA

- MTHS-123 College Algebra (3)
- OR**
- MTHS-161 Algebra for Calculus (3).....()
 - MTHS-162 Trigonometry (3).....()
 - CHYS-135 General/Organic/Biochemistry (3)()
 - CHYS-135L Gen/Org/Biochem Lab (1)()
 - BIOS-231 Principles of Nutrition (3)()
 - HSCS-231 Intro Human Anat & Physiology I (4)()
 - HSCS-232 Intro Human Anat & Physiology II (4)()
 - PHED-350 Psychology of Sport (3)()
 - PHED-495 Faith and Practice (3)()
 - EXSC-215 Exercise Technique Perf/Wellness (3)()
 - EXSC-225 Intro Research Methods/Stats (3)()
 - EXSC-335 Exercise Physiology I (3)()
 - EXSC-365 Kinesiology (3).....()
 - EXSC-395 Nutrition for Health & Performance (3)()
 - EXSC-435 Exercise Physiology II (3)()
 - EXSC-465 Exercise Testing & Prescription (3)()
 - EXSC-475 Internship in Exercise Science (3)()

SUBTOTAL (51 hours) _____

PRE – ATHLETIC TRAINING EMPHASIS

- BIOS-161 Principles of Biology & Lab (4)()
- EXSC-385 Care & Prev Athletic Injuries (3)()
- EXSC-440 Pharmacology for Athletic Training (3)()
- HSCS-461 Medical Terminology (3).....()
- PHYS-130 Physics for Health Science (4)()

SUBTOTAL (17 hours) _____

GENERAL ELECTIVES

-()
-()

SUBTOTAL (3/9 hours) _____

ACADEMIC ASSESSMENT

- GNST-400 Academic Assessment (0)()

**SUGGESTED FOUR YEAR SEQUENCE OF STUDY FOR
BACHELOR OF SCIENCE IN EXERCISE SCIENCE
Pre – Athletic Training Emphasis**

(The 80-clock-hour Christian Service requirement is not listed, but is spread throughout the four years.)

FRESHMAN YEAR - Fall

<u>Course</u>	<u>Hour</u>
S	
Algebra or Algebra for Calculus.....	3
College Writing/Workshop	3/4
LEEU 101	1
Message of New OR Old Testament	3
Principles of Biology	4
Principles of Biology lab	0
Total	14/15

SOPHOMORE YEAR - Fall

<u>Course</u>	<u>Hours</u>
Intro. to Theology.....	3
Into Human Anat/Physiology I.....	4
Understanding Human Behavior.....	3
Principles of Nutrition.....	3
Exercise Tech in Perf. Wellness.....	3
Total	16

JUNIOR YEAR - Fall

<u>Course</u>	<u>Hours</u>
Kinesiology	3
Exercise Physiology II	3
Medical Terminology	3
Foundations of Western Culture.....	3
Recent American History	3
Total	15

SENIOR YEAR - Fall

<u>Course</u>	<u>Hour</u>
S	
Exercise Testing & Prescription.....	3
General Elective	1/3
Pharmacology for Ath. Train.	3
Faith and Practice.....	3
Language and Culture.....	3
Total.....	13/15

FRESHMAN YEAR - Spring

<u>Course</u>	<u>Hours</u>
LEEU 102A and LEEU 102B	2
Message of New OR Old Testament.....	3
Intro Research Methods/Stats	3
Intro General/Organic/Biochemistry	3
Intro General/Organic/Biochemistry Lab	1
Rhetoric & Research.....	3
Total	15

SOPHOMORE YEAR - Spring

<u>Course</u>	<u>Hours</u>
Intro to Christian Ethics.....	3
Intro to Human Anatomy & Physiology II	4
Understanding Contemp. Society Option.....	3
Exercise Physiology I.....	3
Trigonometry	3
Total	16

JUNIOR YEAR - Spring

<u>Course</u>	<u>Hours</u>
Humanities Option.....	3
Physics for health professions & lab.....	4
Care & Prevention.	3
Nutrition for Health & Performance	3
Psych of Sport	3
Total	16

SENIOR YEAR - Spring

<u>Course</u>	<u>Hours</u>
Cross-Cultural Experience	1/3
Humanities Option.....	3
Internship in Exercise Science	3
General Electives.....	1/3
Humanities Options.....	3
Total.....	11/15