

BACHELOR OF SCIENCE IN PHYSICAL EDUCATION (RECREATION EMPHASIS – Non-Licensure)

(130 credit hours required)

NAME \_\_\_\_\_

DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

RELIGION CORE

DEVELOPING BIBLICAL FAITH/LIFESTYLE

- BIBL-110 Message of the New Testament (3)
BIBL-111 Message of the Old Testament (3)
THEO-230 Intro. to Theology (3)
THEO-231 Intro. to Christian Ethics (3)
RELG-200 Bib/Theo Foundations for Benevolence (1)
Christian Service (2)\*

SUBTOTAL (15 hours)

\*Christian Service is not a course; the credit hours are earned by a combination of class, group, and individual service learning experiences.

GENERAL EDUCATION CORE

ACQUIRING FUNDAMENTAL ACADEMIC SKILLS

- ENGL-105 (4) and ENGL-110 (3)
OR ENGL-106 (3) and ENGL-110 (3)
OR ENGL-110 (3) [Depends on placement]

- MATH-101 Contemporary Math (3) or higher level math
CISS-100 Computer Literacy (2)
GNST-101 Freshman Seminar: Gateway (2)

EXPLORING THE HUMANITIES

- HUMN-201 Foundations of Western Culture (3)
Two of the following (6)

- HUMN-202 Rise of Europe (3)
HUMN-301 Foundations of Modern World (3)
HUMN-302 Modern Western Culture (3)
HIST-221 / 222 Western Civilization I, II (3) (3)
ENGL-221 Western Lit: Ancient to Renaissance (3)
ENGL-222 Western Lit: Enlightenment to Postmodern (3)

One of the following (3)

- ARTS-244 / 245 Art History I, II (3) (3)
THEA-331 / 332 Survey of Drama Literature I, II (3) (3)
MUHL-211 Music in Culture (3)
PHIL-241 Introduction to Philosophy (3) (recommended)

UNDERSTANDING CONTEMPORARY SOCIETY

- HIST-212 Recent American History & Government (3)
OR
POLS-200 Understanding Contemporary Politics (3)....

Two of the following (6)

- PSYC-200 Understanding Human Behavior (3)
SOCI-200 Understanding Contemporary Society (3)
ECON-200 Understanding Economic Issues (3)

SEEKING A GLOBAL PERSPECTIVE

- ANTH-200 Global Perspectives Seminar (1)
GNST-250-253 Cross Cultural Experience (1-3)
LING-201 Intro Language and Culture (3)

SUBTOTAL (36/42 hours)

ACADEMIC ASSESSMENT

- GNST-400 Academic Assessment (0)

SPECIALTY AREA

- PHED-115 Basic Concepts of Fitness (1)
PHED-201 Foundations of Health & PE (3)
PHED-361 Kinesiology (3)
PHED-380 Teaching Individual/Lifetime Activities (3)
PHED-390 Teaching Dual/Team Activities (3)
PHED-440 Motor Learning & Development (3)
PHED-441 Assessment/Evaluation in PE (3)
PHED-444 Physiology of Exercise (3)
PHED-445 Seminar in PE Research (1)
PHED-495 Faith and Practice (3) OR
HSCI-495 Faith and Practice (3)

SUBTOTAL (26 hours)

HEALTH EMPHASIS

- BIOL-103 Human Biology (4)
HLTH-291 Principles of Nutrition (3)
HLTH-352 Substance Use & Abuse (2) OR
PSYC-352 Drugs & Behavior (3)
HLTH-353 Safety & First Aid (2)

SUBTOTAL (11/12 hours)

Choose ONE of the two tracks below:

RECREATIONAL LEADERSHIP TRACK

- PHED-341 Administration of Sport (3)
RECR-342 Recreation for Special Populations (3) OR
SPED-316 The Exceptional Child (3)
BUSN-101 Introduction to Business (3)
BUSN-305 Principles of Business Management (3)
RECR-132 Outdoor Recreational Activities (1)
RECR-470 Recreation Practicum (3)

SUBTOTAL (16 hours)

OUTDOOR RECREATION TRACK

- RECR-301 Recreation Prog. & Development (3)
Choose one of the following courses (2 - 3):
RECR-342 Recreation for Special Populations (3)
PHED-342 Teaching Adapted PE (2)
SPED-316 The Exceptional Child (3)

BIOL-394 Ecology (4) OR

- BIOL-104 Environmental Science (4)
RECR-132 Outdoor Recreational Activities (1)
Choose one of the following courses (3):

- RECR-232 Backpacking/Camping (3)
RECR-233 Water-Based Recreation (3)
RECR-234 Wilderness First Responder (3)

RECR-470 Recreation Practicum (3)

SUBTOTAL (16/17 hours)

GENERAL ELECTIVES

- \_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

SUBTOTAL (18 / 26 hours)

**SUGGESTED FOUR YEAR SEQUENCE OF STUDY FOR  
BACHELOR OF SCIENCE IN PHYSICAL EDUCATION  
(Recreation Emphasis – Non-Licensure)**

(The two-hour Christian Service requirement is not listed, but is spread throughout the four years.)

**FRESHMAN YEAR**

<u>Course</u>	<u>Hours</u>
College Writing/ Workshop.....	3/4
Rhetoric and Research .....	3
Message of New & Old Testament.....	6
Computer Literacy.....	2
Basic Concepts of Fitness.....	2
Freshman Seminar: Gateway.....	2
U S History/Politics Option .....	3
Mathematics.....	3
Contemporary Society Option 1 * .....	3
Contemporary Society Option 2*.....	3
General Elective.....	3
<b>Total</b>	<b>33/34</b>

**SOPHOMORE YEAR**

<u>Course</u>	<u>Hours</u>
Bib/Theo Foundations of Benevolence .....	1
Intro. to Theology .....	3
Intro. to Christian Ethics .....	3
Foundations of Western Culture.....	3
Humanities Option (PHI 241 recommended) .....	3
Nutrition.....	3
Language and Culture.....	3
Foundations of Health & PE.....	3
Substance Use and Abuse (or PSY 352).....	2/3
Human Biology.....	4
General Electives.....	5
<b>Total</b>	<b>33/34</b>

\* Understanding Contemporary Society and Understanding Human Behavior suggested.

**JUNIOR YEAR**

<u>Course</u>	<u>Hours</u>
Teaching Indiv/Lifetime Activities .....	3
Teaching Dual/Team Activities.....	3
Kinesiology.....	3
Safety & First Aid .....	2
Humanities Options.....	6
Global Perspectives Seminar.....	1
Cross-Cultural Experience .....	1/3
General Electives.....	10
<b>Total</b>	<b>29/31</b>

**SENIOR YEAR  
1ST SEMESTER**

<u>Course</u>	<u>Hours</u>
Motor Learning & Development.....	2
Assessment/Evaluation in PE .....	2
Physiology of Exercise .....	3
Seminar in PE Research.....	1
Faith & Practice (capstone).....	3
General Electives.....	6
<b>Total</b>	<b>17</b>

**2ND SEMESTER – Recreational Leadership Track**

<u>Course</u>	<u>Hours</u>
Administration of Sport.....	3
Rec. for Special Populations .....	3
Outdoor Recreational Activities.....	1
Recreation Practicum.....	3
Intro. to Business .....	3
Principles of Business Management.....	3
<b>Total</b>	<b>16</b>

**2ND SEMESTER – Outdoor Recreation Track**

<u>Course</u>	<u>Hours</u>
Rec. Programming & Development.....	3
Rec. for Special Populations OR Exc Child.....	3
Outdoor Recreational Activities.....	1
Recreation Practicum.....	3
Ecology or Environmental Science.....	4
Backpacking/Camping OR Water-Based Rec.....	3
<b>Total</b>	<b>17</b>